How Program Assessment Informs Staff Mentorship and Student Empowerment: Best Practices and New Techniques With Mary Horrigan and Stuart Proctor



#### AGENDA

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1:45 - 1:55 Welcome! Intro & Expectations

1:55 What are makes a program "High Quality?"

Maslow Lens History

What Do Students Need?

- 2:00 2:20 ACTIVITY: Elements of High Quality Programs
- 2:20 2:30 How does the PQA influence PROGRAM DEVELOPMENT & TRAINING?
- 2:30-2:35 **PQA Framework Reflection** to guide individual reflection and group discussion
- 2:35-2:40 **ZOOM OUT What elements of the tool has the seminar incorporated?**
- 2:40 2:45 **TAKE AWAYS** Reflection, Further Discussion



## Safety Goals

What are 4 Safety goals for today?

1)

2)

3)

4)



### **Expectations for success!**

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1)

2)

3)

4)

What are some of the behavioral expectations or a Code of Conduct for today?

NATIONAL SAILING PROGRAMS

SYMPO

# What makes a program "high quality?"



#### **Putting Program Quality into Perspective:**

....Maslow's Hierarchy of Needs in <2min

# 1) History 2) Context

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# Let's think about the Maslow hierarchy and apply to student needs....

- Safe Environment
- Supportive Environment
- Interaction

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- Engagement
- Skill building



#### **Activity: Elements of a High-Quality Program**

- 1) Pick an Element Card of the Program Quality Assessment (PQA) and....
  - become an expert on the element

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- determine an example of how you currently achieve high quality with the particular element
- brainstorm why you should care about the element

2) Elect a team leader to share out with the room in 10 minutes!~



## How does the PQA influence PROGRAM DEVELOPMENT & TRAINING?

- Stuart "Choice and Voice" as an intentional and structural component of development
- Mary Horrigan "Using the Tool" to help train, maintain, and refresh staff in program development and staff reflection



### **PQA Framework Reflection**

- Use the Worksheet to guide reflection over the next five (5) minutes individually or in pairs
- Consider writing goals, successes, or questions
- Consider program quality through the lens of:
  Seasonal/Part-time staff
  - o Full-time staff



# ZOOM OUT

- What elements of high quality program has this seminar incorporated?
- What have we missed?





If we planned this session well..... we should be on time... and have time for...



#### **Your Opinion Matters**

Please open the NSPS app and complete the session survey found in the menu bar for a chance to win a free drink ticket!

#### Thank you for attending this session

