



Creating leaders on and off
the water!



Introductions



Maxwell Plarr

Max is the head coach of the Christopher Newport University Varsity Sailing. Plarr led the CNU Captains to their first appearances at ICSA National events and continues to build the team into a consecutively ranked national team. He is a US Sailing Level III Coach as well as a Level I Instructor Trainer. Max works specifically to engage sailors in the crossover from Leadership theory to the practical execution on the water.



Dr. Elizabeth Gagnon

Dr. Elizabeth Gagnon is a Senior Lecturer of Leadership Studies and Director of the minor in Civic Engagement and Social Entrepreneurship at Christopher Newport University. She developed the academic leadership component of the Fathom Sailing Leadership Institute, providing in-class instruction on foundational leadership principles, team dynamics, group roles, and individual/group goal setting.



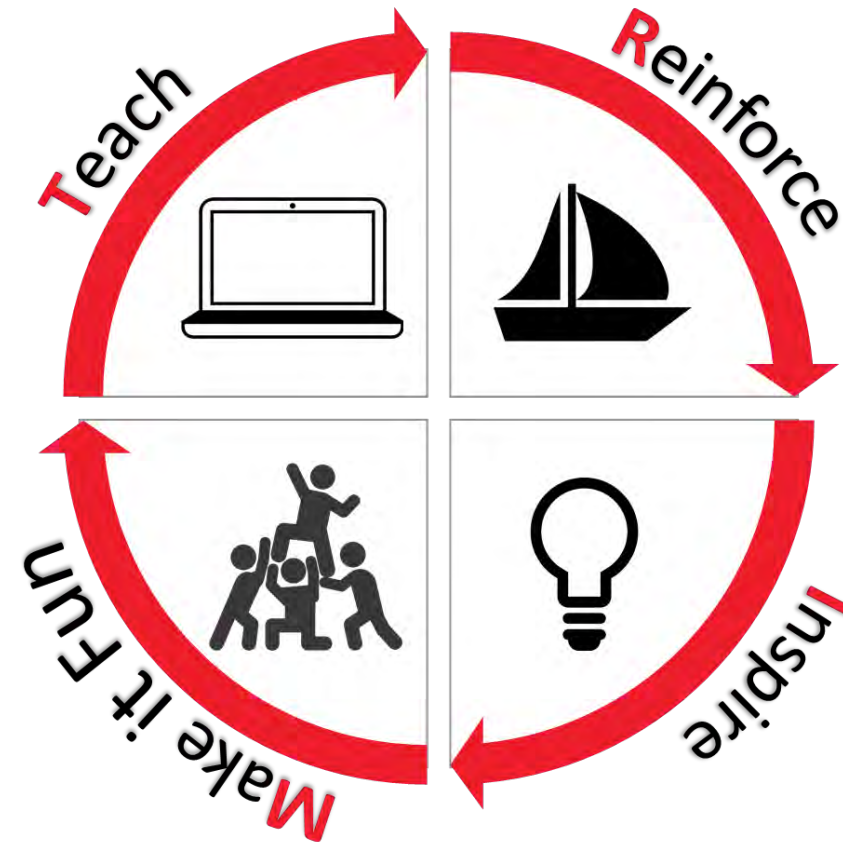
Peter Patnaude

Peter is a corporate real estate executive and former naval officer. In 2014, after the tragic death of his son, he established the The Tyler Patnaude Foundation which exists to live out Tyler's legacy by supporting junior sailing. In 2017, the Foundation reached a strategic goal by launching Fathom.



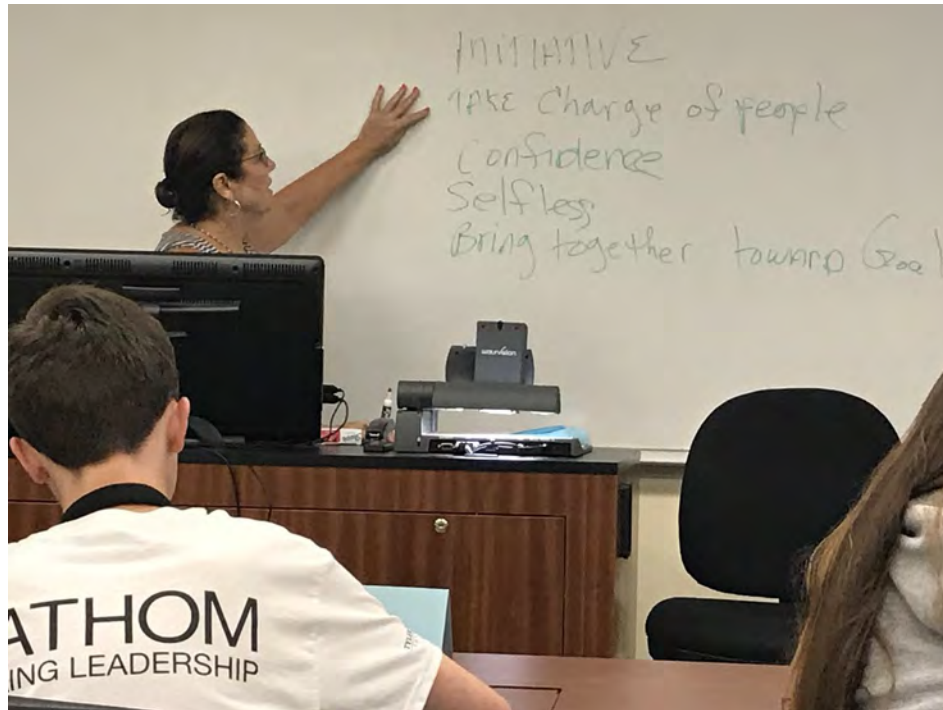
Trim your Sails

TRIM	Mon	Tue	Wed
Teach	Foundations of Leadership	Self Leadership	Group Leadership
Reinforce	Tactics	Strategy	HYC Keel Boats
Inspire Make it Fun	Speaker: Ullman: Sail Design	Speaker: Sport Psychologist	Movie Study: Morning Light
TRIM	Thu	Fri	Sat
Teach	Ethics / Values	Capstone Project	Leadership in Action
Reinforce	Sail Trim	Team Racing	Team Racing
Inspire Make it Fun	Mariners' Museum: Solo Circumnav.	Speaker: Farr: Yacht Design	Social @ The Crows Nest





Teach: Team Development





Teach: Team Roles



Thinking-Oriented Roles	Plant: innovators & ideas. Prefer to work alone.
	Monitor Evaluator: Separate good ideas from bad
	Specialist: skills in a specialist job
Action-Oriented Roles	Shaper: Challenge norms, take lead, push team
	Implementer: Executors of plans
	Completer Finisher: Complete the fine details
People-Oriented Roles	Coordinator: Natural team leaders
	Team Worker: Diplomats, keep team cogs turning
	Resource Investigator: find external resources



Reinforce: Off the Water



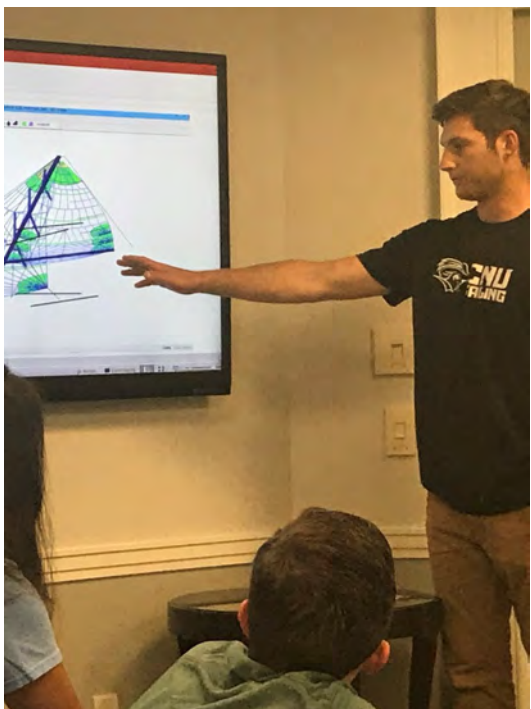
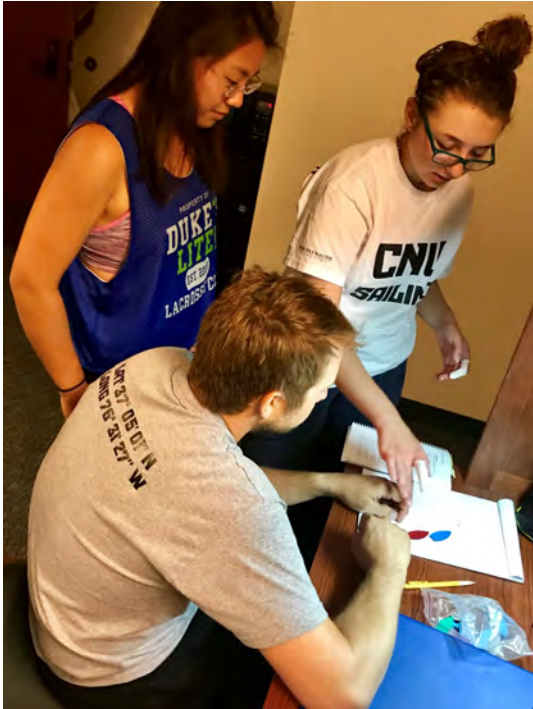


Reinforce: On the Water





Reinforce: Chalk Talks





Inspire: Guest Speakers



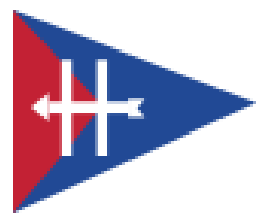
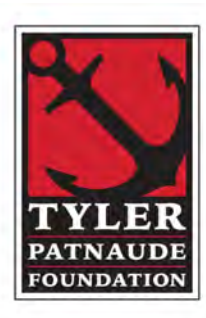


Make it Fun!





Thank you



Your Opinion Matters

Please open the **NSPS app**
and complete the **session survey** found in the
menu bar for a chance to win a **free drink ticket!**

Thank you for attending this session