Creating leaders on and off the water!
Max is the head coach of the Christopher Newport University Varsity Sailing. Plarr led the CNU Captains to their first appearances at ICSA National events and continues to build the team into a consecutively ranked national team. He is a US Sailing Level III Coach as well as a Level I Instructor Trainer. Max works specifically to engage sailors in the crossover from Leadership theory to the practical execution on the water.

Dr. Elizabeth Gagnon is a Senior Lecturer of Leadership Studies and Director of the minor in Civic Engagement and Social Entrepreneurship at Christopher Newport University. She developed the academic leadership component of the Fathom Sailing Leadership Institute, providing in-class instruction on foundational leadership principles, team dynamics, group roles, and individual/group goal setting.

Peter is a corporate real estate executive and former naval officer. In 2014, after the tragic death of his son, he established the The Tyler Patnaude Foundation which exists to live out Tyler’s legacy by supporting junior sailing. In 2017, the Foundation reached a strategic goal by launching Fathom.
# Trim your Sails

<table>
<thead>
<tr>
<th>TRIM</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
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<tbody>
<tr>
<td>Teach</td>
<td>Foundations of Leadership</td>
<td>Self Leadership</td>
<td>Group Leadership</td>
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<tr>
<td>Reinforce</td>
<td>Tactics</td>
<td>Strategy</td>
<td>HYC Keel Boats</td>
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<td>Inspire</td>
<td>Speaker: Ullman: Sail Design</td>
<td>Speaker: Sport Psychologist</td>
<td>Movie Study: Morning Light</td>
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<tr>
<td>Make it Fun</td>
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<th>Fri</th>
<th>Sat</th>
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<tbody>
<tr>
<td>Teach</td>
<td>Ethics / Values</td>
<td>Capstone Project</td>
<td>Leadership in Action</td>
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<tr>
<td>Reinforce</td>
<td>Sail Trim</td>
<td>Team Racing</td>
<td>Team Racing</td>
</tr>
<tr>
<td>Inspire</td>
<td>Mariners’ Museum: Solo Circumnav.</td>
<td>Speaker: Farr: Yacht Design</td>
<td>Social @ The Crows Nest</td>
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<td>Make it Fun</td>
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Teach: Team Development

- Initiative
- Change of People's Confidence
- Selfless
- Bring together towards goal

Team Effectiveness

- Performing
- Norming
- Adjourning

Time

Forming
Storming
Teach: Team Roles

Thinking-Oriented Roles
- Plant: innovators & ideas. Prefer to work alone.
- Monitor Evaluator: Separate good ideas from bad
- Specialist: skills in a specialist job

Action-Oriented Roles
- Shaper: Challenge norms, take lead, push team
- Implementer: Executors of plans
- Completer Finisher: Complete the fine details

People-Oriented Roles
- Coordinator: Natural team leaders
- Team Worker: Diplomats, keep team cogs turning
- Resource Investigator: find external resources
Reinforce: Off the Water
Reinforce: On the Water
Reinforce: Chalk Talks
Inspire: Guest Speakers
Make it Fun!
Thank you
Your Opinion Matters

Please open the NSPS app and complete the session survey found in the menu bar for a chance to win a free drink ticket!

Thank you for attending this session