

Wednesday 1/30						
8:00 AM – 9:00 AM						
9:00 AM – 10:00 AM				<p>Reach STEM Educator Course at hotel (Acosta)</p> <p>8:30 AM - 3:30 PM</p> <p><a href="#">Information</a></p> <p><a href="#">Register</a></p>		
11:00 AM – 12:00 PM						
12:00 PM - 1:00 PM						
1:00 PM - 2:00 PM						
2:00 PM - 3 :00 PM						
3:00 PM - 4:00 PM	<p><b>Registration</b> Grand Foyer</p>					
4:00 PM - 5:00 PM						
5:00 PM – 6:00 PM		<p><b>US Sailing Welcome Cocktail Party</b> Appetizers &amp; Cash Bar (Grand Foyer)</p>				
6:00 PM – 7:00 PM						
7:00 PM – 9:00 PM	<p>Dinner on your own in Jacksonville</p>					

NATIONAL SAILING PROGRAMS  
**SYMPOSIUM 2019**   
 JAN. 31 - FEB. 2 • JACKSONVILLE, FL

Thursday 1/31	Track 1 Growing the Sport of Sailing <i>(Grand Ballroom 1)</i>	Track 2 Sustaining my Organization <i>(Grand Ballroom 2)</i>	Track 3 On the Water Operations <i>(Grand Ballroom 3)</i>	Track 4 Professional Skills: Leadership & Human Dynamics <i>(River Terrace 2)</i>
7:30 AM – 5:00 PM	Registration Desk Hours <i>(Grand Foyer)</i>			
8:30 AM – 8:45 AM	Welcome to NSPS – Cory Sertl, President US Sailing & Peter Glass, Chief Marketing Officer US Sailing <i>(Grand Ballroom 1-3)</i>			
8:45 AM – 9:45 AM	Keynote: Diversity, Equity and Inclusion. Why is Everyone Talking About it? Karen Friedman, Manager, Access and Ability within the Diversity and Inclusion Team at YMCA of the USA			
9:45 AM – 10:00 AM	From Surviving to Thriving at NSPS 2019– Plan for a successful 3 days of Professional Development			
10:00 AM – 10:15 AM	Morning Commercials for Breakout Sessions and Workshops, Awards Reminders			
10:15AM – 10:45AM	Move to Breakouts			
10:45 AM – 11:45 PM	<b>PB &amp; J Sailing: Programming for Very Young Sailors</b> <i>Bill Records &amp; Annie Lancaster</i>	<b>Sustainability at Youth Worlds: Challenges, Successes and Outcomes</b> <i>Elizabeth Kratzig</i>	<b>Risk Assessment, Planning and Management: Best Practices in Training Yourself and Your Staff</b> <i>Rob Hurd</i>	<b>Eliminating Sexual Assault &amp; Abuse Within Sport: How the U.S. Center for SafeSport is Championing Athlete Well-Being</b> <i>Dan Mills, U.S. Center for SafeSport</i>
11:45 AM – 1:45 PM	<b>LUNCH - US Sailing Association Awards</b> <i>(River Terrace 1)</i> In recognition of outstanding contributions to sailing by individuals and organizations around the country. Awards will be presented in the areas of race administration & management, training and education, disabled sailing, one-design, and US Sailing’s perpetual organizational awards.			
1:45 PM – 2:00PM	Move to Breakouts			
2:00 PM – 3:30 PM	<b>Diversity, Equity and Inclusion Workshop: Dig Deeper</b> <i>Karen Friedman, YMCA of the USA (Grand Ballroom 1)</i>	<b>10 Ways to Optimize Fundraising + Secure More Funding!</b> <i>Kate Neubauer, Intertidal Ventures (Grand Ballroom 2)</i>	<b>Fathom: Sailing Leadership – Leadership Techniques On and Off the Water</b> <i>Peter Patnaude, Max Plarr &amp; Dr. Elizabeth Gagnon Christopher-Newport University (Grand Ballroom 3)</i>	
3:30 PM – 3:45 PM	Move to Breakouts			
3:45 PM – 4:45 PM	<b>Inclusion through Adaptation: Equity for Community Sailing</b> <i>Alex DeFronzo &amp; Daniel Moreno</i>	<b>Using the Federal Tax-Exempt Rules to Increase Funding for Sailing Education</b> <i>Nancy Glover Copley Square Tax Group</i>	<b>Live Drill Training on the Water with Local First Responders</b> <i>Liam Faudree, Holly Stevens, Ed St. George &amp; Jessica Daigle Jones (US Coast Guard)</i>	<b>When, Not If, They Fail: Equip Staff to Foster Achievement and Support Failure</b> <i>Mary Laurence Crook</i>
5:00 PM – 7:30 PM	<b>US Sailing Community Sailing and One-Design Awards Celebration</b> <i>(The Florida Yacht Club)</i> Please join us to celebrate your peers, be inspired, and take the opportunity to meet new people and have fun. Transportation is included aboard classic Huckins yachts. Beer, soft drinks and snacks will be served on board and the ceremony will take place upon arrival. Attendees will be transported back to the Hyatt on buses following the celebration. *Advance Ticket Purchase Required \$40. First boat departs at 5pm, 2 <sup>nd</sup> @ 5:30pm.			

Friday 2/1	Track 1 Growing the Sport of Sailing <i>(Grand Ballroom 1)</i>	Track 2 Sustaining my Organization <i>(Grand Ballroom 2)</i>	Track 3 On the Water Operations <i>(Grand Ballroom 3)</i>	Track 4 Professional Skills: Leadership & Human Dynamics <i>(River Terrace 2)</i>
7:30 AM – 11:30 AM	<b>Registration Desk Hours</b> <i>(Grand Foyer)</i>			
7:30 AM – 8:30 AM	<b>Coffee with US Sailing Youth Director, John Pearce: Youth Development Update - There's Going to be an App for That!</b> <i>Grand Ballroom 2</i>			
8:30 AM - 8:45 AM	<b>Welcome – Daily Update</b> <i>(Grand Ballroom 1-3)</i>			
8:45 AM - 9:45 AM	<b>Keynote: Be Present Not Perfect- How to be Where your Feet Are</b> Josh Lifrak, Director of Mental Skills Program, Chicago Cubs			
9:45 AM - 10:00 AM	<b>Morning Commercials for Breakout Sessions</b>			
10:00AM – 10:30AM	Move to Breakouts			
10:30 AM - 11:30 AM	<b>Increasing Diversity &amp; Inclusiveness in Youth Sailing: Jackson Park Yacht Club Foundation's Open Horizons Youth Sailing Program</b>  <i>Karen Harris &amp; Johnny Mercer</i>	<b>S.O.S -Summer Operating Systems: Getting Ready for Summer Programs</b>  <i>Brandon Kass &amp; Jane Millman</i> <i>Moderator: Stephanie Webb</i>	<b>Gowrie Group – Top 10 Safety Tips and Fixes Before Next Season</b>  <i>Whitney Peterson &amp; Kellie Crete</i> <i>Gowrie Group</i>	<b>Overcoming Challenges in Recruiting, Hiring, and Training</b>  <i>Paul Lang &amp; Kevin Straw</i>
11:30 AM - 12:30 PM	Buses to The Florida Yacht Club			
12:30 PM - 1:15 PM	<b>BBQ LUNCH</b> Featuring Dick Allsopp's World-Renowned Powerboat Challenge– <i>(The Florida Yacht Club)</i>			
1:00 PM – 4:30 PM	<b>Demo Time: Sponsors provide you with cool new boats to check out – Go Sailing &amp; Bring your Swimsuit (available until 4:30pm)</b>			
2:00 PM – 2:45 PM	<i>Outdoor -</i> <b>Dear Junior Sailors, We're Sorry We've Misled You: Navigating College Sailing.</b>  <i>Tyler Colvin &amp; Mitch Brindley</i>	<i>Outdoor -</i> <b>COMMUNITY SAILING - What's It All About?</b>  <i>Don Rotzien &amp; Jen Guimaraes</i>	<i>Outdoor -</i> <b>Goal Setting – How to be a Good Coach</b>  <i>Eduardo Sylvestre</i> <i>World Sailing</i>	<b>GO SAILING WITH SPONSORS!</b>
2:45 PM - 3:15 PM	Move to Breakouts			
3:15 PM - 4:00 PM	<i>Outdoor -</i> <b>Learn Fun Activities for Organized Junior Sailing Success.</b>  <i>Diana Weidenbacker</i>	<i>Outdoor -</i> <b>From Opti's to Offshore - The Mudratz Program Model</b>  <i>Brandon Flack &amp; Taylor Walker</i>	<i>Outdoor -</i> <b>The Physics of Sailing - Bringing the Classroom Out on the Water</b>  <i>MacKenzie McGuckin</i>	<b>GO SAILING WITH SPONSORS!</b>
4:00 PM - 5:00 PM	Busses from The Florida Yacht Club to the Hotel			
5:00 PM	Dinner on your own in Jacksonville			

<b>Saturday 2/2</b>	<b>Track 1</b> <b>Growing the Sport of Sailing</b> <i>(Grand Ballroom 1)</i>	<b>Track 2</b> <b>Sustaining my Organization</b> <i>(Grand Ballroom 2)</i>	<b>Track 3</b> <b>On the Water Operations</b> <i>(Grand Ballroom 3)</i>	<b>Track 4</b> <b>Professional Skills: Leadership &amp; Human Dynamics</b> <i>(River Terrace 2)</i>
7:30 AM – 3:30 AM	<b>Registration Desk Hours</b> <i>(Grand Foyer)</i>			
8:30 AM – 8:45 AM	<b>Welcome &amp; Updates – Wear Your Club/Org/Team Gear!</b> <i>(Grand Ballroom 1-3)</i>			
8:45 AM - 9:45 AM	<b>Keynote: From the Bottom Up, Sailing as a Stepping Stone</b> Zeke Horowitz & Will Welles, North Sails			
9:45 AM - 10:00 AM	<b>Morning Commercials for Breakout Sessions</b>			
10:00AM – 10:30AM	Move to Breakouts			
10:30 AM - 11:30 AM	<b>Big Boats, Big Ideas: Integrate Keelboats into your Program</b>  <i>Charlie Arms &amp; Matt Wierzbach</i>	<b>Building Sailing Program Success: Teaching Board Members How to be Mission Advocates and Fundraising Champions</b>  <i>Steven Schwartz</i>	<b>Bringing Core Seamanship and Navigational Competencies to your Club or Organization</b>  <i>Ronald Wisner</i>	<b>Youth Sailor Breakout Session: Ask Them What They Want</b>  <i>Youth Sailors</i> <i>Moderator: John Pearce</i>
11:30 PM – 12:30 PM	<b>LUNCH</b> <i>(River Terrace 1)</i>			
12:30 PM – 1:30 PM	<b>Instructor Trainer (IT) Session</b> <i>(Closed session for ITs only)</i>  <i>Stu Gilfillen, Peri Burns &amp; Jessica Servis</i>	<b>Build it and They Will Come! How to Grow a Small Program into a Giant</b>  <i>Jodi Weinbecker, Jon Faudree &amp; Dustin Domer</i>	<b>What's Happening with Helmets</b>  <i>Addy White &amp; Tim de Redon, Bern Helmets</i>	<b>Sailing Careers: Past, Present &amp; Future</b>  <i>Jane Millman, Tyler Colvin, Zeke Horowitz, Mary Dowd &amp; Hannah Noll. Moderator: John Pearce</i>
1:30 PM – 2:00 PM	Move to Breakouts			
2:00 PM – 3:00 PM	<b>Therapeutic Sailing – Making a Measurable Impact on Community Mental Health with your Existing Resources</b>  <i>Dr. William Marchand &amp; Ken Block</i>	<b>How Program Assessment Informs Staff Mentorship and Student Empowerment: Best Practices and New Techniques</b>  <i>Stuart Proctor &amp; Mary Horrigan</i>	<b>Adapting your Fleet for Sailors of all Abilities</b>  <i>Paul Bollinger</i> <i>Chesapeake Region Accessible Boating</i>	
3:00 PM – 3:15PM	Move to Breakouts			
3:15 PM – 4:15 PM	<b>Reach Fair: Reach Update &amp; Explore Modules New and Old</b>  <i>Team Reach</i>	<b>Powerboat Programming</b>  <i>Kevin Broome &amp; Van King</i>	<b>Sustainability in Action: Composting at your Facility or Regatta</b>  <i>Tyson Bottenus &amp; Shelley Brown</i> <i>Sailors for the Sea</i>	
4:15 PM – 5:15 PM	<b>SunSail Wrap Up Cocktail Party</b> <i>(River Terrace 1)</i>			