

Wednesday 1/30						
8:00 AM – 9:00 AM						
9:00 AM – 10:00 AM				<p>Reach STEM Educator Course at hotel</p> <p>8:30 AM - 3:30 PM</p> <p>Information</p> <p>Register</p>		
11:00 AM – 12:00 PM						
12:00 PM - 1:00 PM						
1:00 PM - 2:00 PM						
2:00 PM - 3 :00 PM						
3:00 PM - 4:00 PM	<p>Registration <i>Foyer</i></p>					
4:00 PM - 5:00 PM						
5:00 PM – 6:00 PM		<p>US Sailing Welcome Cocktail Party <i>Appetizers & Cash Bar</i></p>				
6:00 PM – 7:00 PM						
7:00 PM – 9:00 PM	<p>Dinner on your own in Jacksonville</p>					

NATIONAL SAILING PROGRAMS
SYMPOSIUM 2019 
 JAN. 31 - FEB. 2 • JACKSONVILLE, FL

Thursday 1/31	Track 1 Growing the Sport of Sailing	Track 2 Sustaining my Organization	Track 3 On the Water Operations	Track 4 Professional Skills: Leadership & Human Dynamics
7:30 AM – 5:00 PM	Registration Desk Hours (Foyer)			
8:30 AM – 8:45 AM	Welcome to NSPS – Cory Sertl, President US Sailing & Peter Glass, Chief Marketing Officer US Sailing			
8:45 AM – 9:45 AM	Keynote: Diversity, Equity and Inclusion. Why is Everyone Talking About it? Karen Friedman, Manager, Access and Ability within the Diversity and Inclusion Team at YMCA of the USA			
9:45 AM – 10:00 AM	From Surviving to Thriving at NSPS 2019– Plan for a successful 3 days of Professional Development			
10:00 AM – 10:30 AM	Morning Commercials for Breakout Sessions and Workshops - Move to Breakouts			
10:30 AM – 11:30 PM	PB & J Sailing: Programming for Very Young Sailors <i>Bill Records & Annie Lancaster</i>	Sustainability at Youth Worlds: Challenges, Successes and Outcomes <i>Elizabeth Kratzig</i>	Risk Assessment, Planning and Management: Best Practices in Training Yourself and Your Staff <i>Rob Hurd</i>	Safesport <i>US Sailing</i>
11:30 AM – 1:30 PM	LUNCH - US Sailing Association Awards In recognition of outstanding contributions to sailing by individuals and organizations around the country. Awards will be presented in the areas of race administration & management, training and education, disabled sailing, one-design, and US Sailing’s perpetual organizational awards.			
1:30 PM – 1:45PM	Move to Breakouts			
1:45 PM – 3:30 PM	Diversity, Equity and Inclusion Workshop: Dig Deeper <i>Karen Friedman, YMCA of the USA</i>	10 Ways to Optimize Fundraising + Secure More Funding! <i>Kate Neubauer, Intertidal Ventures</i>	Fathom: Sailing Leadership – Leadership Techniques On and Off the Water <i>Max Plarr & Dr. Elizabeth Gagnon Christopher-Newport University</i>	
3:30 PM – 3:45 PM	Move to Breakouts			
3:45 PM – 4:45 PM	Inclusion through Adaptation: Equity for Community Sailing <i>Alex DeFronzo & Daniel Moreno</i>	Using the Federal Tax-Exempt Rules to Increase Funding for Sailing Education <i>Nancy Glover & Donald Myers Copley Square Tax Group</i>	Live Drill Training on the Water with Local First Responders <i>Liam Faudree, Holly Stevens & Ed St. George</i>	When, Not If, They Fail: Equip Staff to Foster Achievement and Support Failure <i>Mary Laurence Crook</i>
5:30 PM – 7:30 PM	US Sailing Community Sailing and One-Design Awards Celebration Join US Sailing for a celebration of the 2018 Community Sailing & One-Design Award Recipients. Please join us and celebrate your peers, be inspired, and take the opportunity to meet new people and have fun. Dress is casual. Fun is required. <i>*Advance Ticket Purchase Required \$40: Ticket includes 1-hour open bar (beer, wine, soft drinks) and appetizers followed by awards presentations</i>			

Friday 2/1	Track 1 Growing the Sport of Sailing	Track 2 Sustaining my Organization	Track 3 On the Water Operations	Track 4 Professional Skills: Leadership & Human Dynamics
7:30 AM – 11:30 AM	Registration Desk Hours (Foyer)			
7:30 AM – 8:30 AM	Coffee with US Sailing Youth Director, John Pearce: Youth Development Update - There's Going to be an App for That!			
8:30 AM - 8:45 AM	Welcome – Daily Update			
8:45 AM - 9:45 AM	Keynote: Be Present Not Perfect- How to be Where your Feet Are Josh Lifrak, Director of Mental Skills Program, Chicago Cubs			
9:45 AM - 10:15 AM	Morning Commercials for Breakout Sessions - Move to Breakouts			
10:15 AM - 11:15 AM	Increasing Diversity & Inclusiveness in Youth Sailing: Jackson Park Yacht Club Foundation's Open Horizons Youth Sailing Program <i>Karen Harris & Johnny Mercer</i>	S.O.S -Summer Operating Systems: Getting Ready for Summer Programs <i>Brandon Kass, Jane Millman</i> Moderator: <i>Stephanie Webb</i>	Gowrie Group – Top 10 Safety Tips and Fixes Before Next Season <i>Whitney Peterson & Kellie Crete</i> Gowrie Group	Overcoming Challenges in Recruiting, Hiring, and Training <i>Paul Lang & Kevin Straw</i>
11:15 AM - 12:15 PM	Buses to The Florida Yacht Club			
12:15 PM - 1:00 PM	BBQ LUNCH Featuring Dick Allsopp's World Renowned Powerboat Challenge– The Florida Yacht Club			
1:00 PM – 4:30 PM	Demo Time: Sponsors provide you with cool new boats to check out – Go Sailing & Bring your Swimsuit (available until 4:30pm)			
2:00 PM – 2:45 PM	Outdoor – Jr. Sailing Dock Dear Junior Sailors, We're Sorry We've Mised You: Navigating College Sailing. <i>Tyler Colvin & Mitch Brindley</i>	Outdoor - Work Space COMMUNITY SAILING - What's It All About? <i>Don Rotzien & Jen Guimaraes</i>	Outdoor - Jr. Sailing Dock Goal Setting – How to be a Good Coach <i>Eduardo Sylvestre, World Sailing</i>	GO SAILING!
2:45 PM - 3:15 PM	Move to Breakouts			
3:15 PM - 4:00 PM	Outdoor - Jr. Sailing Dock Learn Fun Activities for Organized Junior Sailing Success. <i>Diana Weidenbacker</i>	Outdoor - Work Space From Opti's to Offshore - The Mudratz Program Model <i>Brandon Flack & Taylor Walker</i>	Outdoor - Jr. Sailing Dock The Physics of Sailing - Bringing the Classroom Out on the Water <i>MacKenzie McGuckin</i>	GO SAILING!
4:00 PM - 5:00 PM	Busses from Florida Yacht Club to the Hotel			
5:00 PM	Dinner on your own in Jacksonville			

Saturday 2/2	Track 1 Growing the Sport of Sailing	Track 2 Sustaining my Organization	Track 3 On the Water Operations	Track 4 Professional Skills: Leadership & Human Dynamics
7:30 AM – 3:30 AM	Registration Desk Hours (Foyer)			
8:30 AM – 8:45 AM	Welcome & Updates – YOUTH DAY & Wear Your Club/Org/Team Gear!			
8:45 AM - 9:45 AM	Keynote: From the Bottom Up, Sailing as a Stepping Stone Zeke Horowitz & Will Welles, North Sails			
9:45 AM - 10:15 AM	Morning Commercials for Breakout Sessions - Move to Breakouts			
10:15 AM - 11:15 AM	Big Boats, Big Ideas: Integrate Keelboats into your Program <i>Charlie Arms & Matt Wierzbach</i>	Building Sailing Program Success: Teaching Board Members How to be Mission Advocates and Fundraising Champions <i>Steven Schwartz</i>	Bringing Core Seamanship and Navigational Competencies to your Club or Organization <i>Ronald Wisner</i>	Youth Sailor Breakout Session: Ask Them What They Want from a Program <i>Youth Sailors</i> <i>Moderator: John Pearce</i>
11:15 PM – 12:15 PM	LUNCH			
12:15 PM – 1:15 PM	Instructor Trainer (IT) Session <i>(Closed session for ITs only)</i> <i>Stu Gilfillen, Peri Burns & Jessica Servis</i>	Build it and They Will Come! How to Grow a Small Program into a Giant <i>Jodi Weinbecker, Jon Faudree & Dustin Domer</i>	What's Happening with Helmets <i>Addy White & Tim de Redon, Bern Helmets</i>	Career Panel for Youth Sailors <i>Jane Millman, Tyler Colvin, Zeke Horowitz, Mary Dowd, Hannah Noll</i> <i>Moderator: John Pearce</i>
1:15 PM – 1:45 PM	Move to Breakouts			
1:45 PM – 2:45 PM	Therapeutic Sailing – Making a Measurable Impact on Community Mental Health with your Existing Resources <i>Dr. William Marchand & Ken Block</i>	How Program Assessment Informs Staff Mentorship and Student Empowerment: Best Practices and New Techniques <i>Stuart Proctor & Mary Horrigan</i>	Adapting your Fleet for Sailors of all Abilities <i>Paul Bollinger</i>	
2:45 PM – 3:15 PM	Move to Breakouts			
3:15 PM – 4:15 PM	Reach Fair: Reach Update & Explore Modules New and Old <i>Team Reach</i>	Powerboat Programming <i>Kevin Broome & Van King</i>	Sustainability in Action: Composting at your Facility or Regatta <i>Tyson Bottenus & Shelley Brown</i> <i>Sailors for the Sea</i>	
4:15 PM – 5:15 PM	SunSail Wrap Up Cocktail Party			