

# Starting and Maintaining a High School Sailing Team for Beginning Sailors

# About Me

- High school religion teacher at Ursuline Academy of New Orleans
- Started Ursuline Sailing Team in 2012-2013 school year
- Started Sea Scout Ship 1535 in 2014
- Head Sailing Instructor at a residential summer camp in Maine
- Sailed on the Texas A&M Galveston Sailing Team

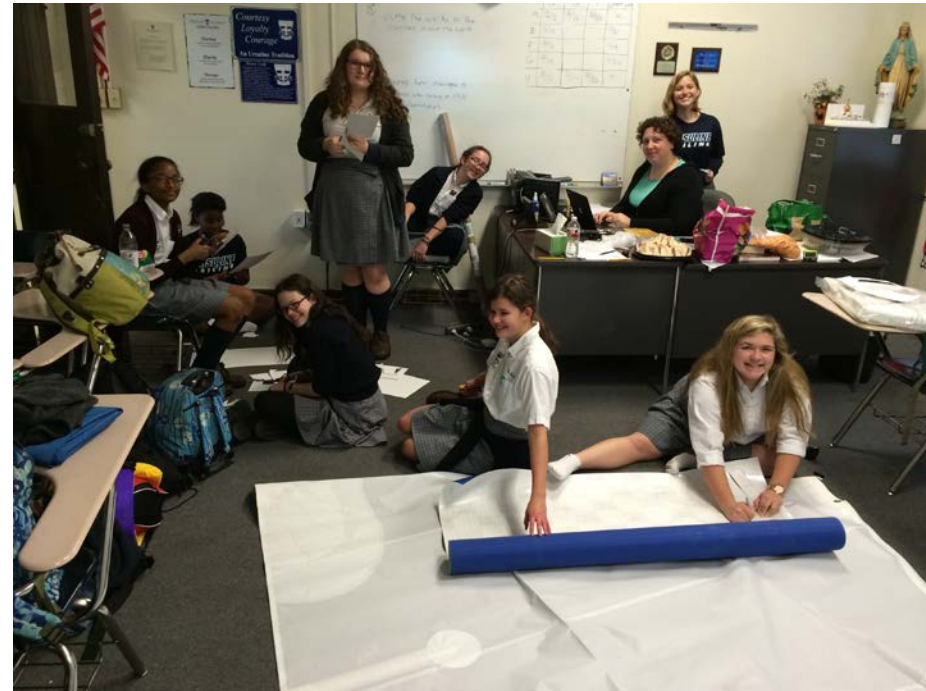
# About Ursuline Academy Sailing Team

- All-girls Catholic School
- No one on the team had any significant sailing experience before joining the team
- Practices once a week at Southern Yacht Club
- Between 15-25 active members
- Compete mostly within New Orleans and Mississippi Gulf Coast



# Connection Between School and Sailing Facility

- Majority of schools will treat sailing as a club
- Insurance!
- Must have a dedicated teacher to act as moderator for club



# Role of Sailing Club Moderator



- Advocate for the team with the school's administration
- Identify students who would benefit from sailing
- Pass on photos and regatta reports and results to school administration and/or communications director
- Collect dues and paperwork from students

# Identifying the Right Students

- Desires to be a part of a team
- Not involved in other sports or activities that would conflict with sailing



# Maintaining Your Students



- Keep parents happy
  - Non-sailing parents may have a difficult time understanding the need for regattas that take up an entire weekend
- Firm practice and regatta schedule

# Maintaining Your Students

- Team Gear
- Don't burn students out with long races (They are not adults!)





# Questions?



# Your Opinion Matters

Please open the **NSPS app** and complete the **session survey** found in the **menu bar**.

*Thank you for attending this session!*