### Running a joint Community Sailing Center / Yacht Club 420 Racing Program



### **Your Presenters**



- Nick Ewenson, Assistant Sailing Director New England Science & Sailing (NESS)
  - First year at NESS

WAVES OF CHANGE • OCEANS OF OPPOR

 8 Years of Collegiate and Clinic Coaching

- Mark Zagol, Sailing Program Director, New England Science & Sailing (NESS)
  - 5 Years at NESS
  - 11 Years of Collegiate and Clinic Coaching





### Rules for the Audience

- Please ask questions
  - Try to stay on topic but still please ask questions
- Share ideas
  - Someone in the room might benefit from your thoughts so please share

NATIONAL SAILING PROGRAMS

MPOSI

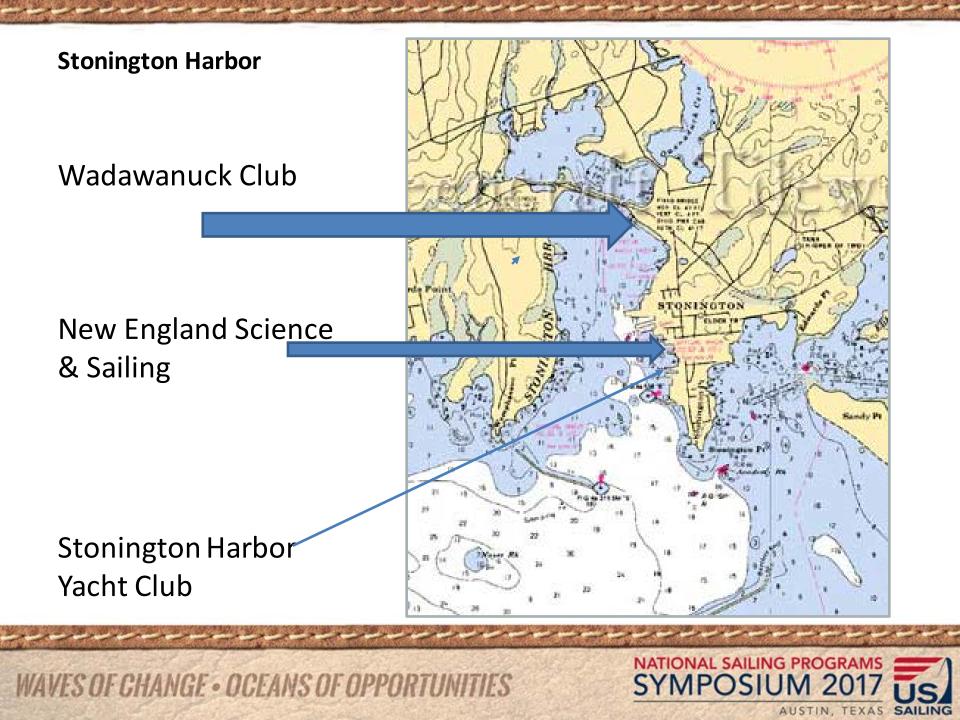
• Lets have an open discussion

Don't let us do all the talking....

# A bit of History

- Junior racing programs in our area were getting younger and smaller at the top end
- Other attempts have been made and are ongoing to help expand junior racing in our area from high-end clinics to establishing shoulder season programs
- Three local organizations got together for a beer to discuss the potential of a combined race program, one Yacht Club with an established junior sailing program, one Yacht Club with a new junior sailing program, one Community Sailing Center
- Initial talks were with influential parties at all 3 venues
- Information was brought back to each individual's boards for moving forward or not





# A bit of History cont.

- Two of the three decided to move forward with further discussions while one chose not to participate
- The next step was to develop a plan moving forward
- Things that were discussed included simply meeting up on the water to establishing another non-profit separate of both organizations
- Critical mass is important for any program to sustain itself
- For the first year it was decided to try a combined program that rotated between the two venues
- We ultimately had 17 total students participate and are moving forward with year 2
- So the rest is about how we kind of made all this happen

NATIONAL SAILING PROGRAMS

### So how did this all come together?

- Start with a program self assessment
  - Identify your individual goals
- How do your goals align and or differ?
  - Identify potential issues
  - Identify positive outcomes
    - Logistics / the nitty gritty
  - Execution, the summer months
    - Post program debrief

AVES OF CHANGE • OCEANS OF OPP

NATIONAL SAILING PROGRAMS

## Program Self Assessment

- How does our program currently function?
  - Typically 6-12 students (wide range = tough to plan for)
  - Our coach was from ECSA with no College experience
  - How strong is our game plan/curriculum?
  - What were our costs
    - Staff/Equipment (power and sail)/Facility
  - Feedback from parents
  - Feedback from students
  - Weekday only racing, no weekend culture



### What are the Goals for your program?

NATIONAL SAILING PROGRAM

- Getting more kids out on the water together
- Finding a top notch coach/year-round employee
- Higher quality practices

ES OF CHANGE • OCEANS OF OPF

- Keeping kids engaged past the age of 15
- Making sure kids are having fun
- Enhancing our instructor/coaching pool
- Experiencing National-Level Competition
- Revenue covers all associated costs

### How do our goals Align and or Differ?

#### **Shared Goals**

#### Individual Goals

- More kids on water
- Higher quality practices
- Access to more resources
- Higher quality coaching
- Improving coaching pool
- Exposure outside the ECSA
- Make it better, not worse
- One team mentality

- Exposure to membership
- Money
- Location
- Fun Fridays
- Year round staff
- Different types of boats



# **Identify Potential Issues**

NATIONAL SAILING PROGRAMS

- Pushback from members
  - But we have done it this way for years....
  - Why are non-members at the club?
- Money
  - Pricing
  - How many coaches and who pays?
- Registration, who takes care of this?
- Equipment differences, 420's and powerboats
- Public perception (super team)
- Program Cultures (safety / rules / day to day)
  - Member/guest rules for example
- State Camp regulations

# Identify Positive Outcomes

- Stronger coaching and mentoring
- More kids interacting and practicing together
- Kids wanting to keep sailing beyond age 15
- Positive exposure for both programs within community
- Raising the bar locally
- Stronger and more excited sailors will make stronger instructors
- Something for younger sailors to aspire towards



# Logistics / The nitty gritty

an assortment of questions and issues

- We started conversations early and often when coming up with our plan, communication was so important.
- How does it work with shared staff?
- How are employees paid? hourly, salary, overtime?
- Integrating old vs new boats vs privately owned boats
  - Which boats get used
- Balancing two different cultures
  - Friday fun days
  - Close toed shoes
- Creating a new innovative culture amongst the new team

NATIONAL SAILING PROGRA

- Getting the kids to buy into it
- Getting the parents to buy into it
- Insurance implications / liability implications

# Execution, The Summer Months

- 8 week program with 12-17 students
- Program rotated between venues every other week
  - This had its pluses and minuses and we are changing to every 2 weeks this year
  - Classroom spaces varied greatly
  - Launching and storage varied greatly
- Kids were rotated around between boats and pairings
  - After initial pushback this was well received and the kids understood the importance of learning from others
  - After a few weeks of sailing with different partners the notion of what club you were from went away as the team became its own entity
- A solid curriculum including lesson plans was implemented
  - Kids saw significant improvements in overall sailing ability
  - Practices were organized, more competitive, and ultimately more fun

NATIONAL SAILING PROGRAMS

SYMPOSIL

\*an overview is attached to this slideshow\*

### Post Program Debrief

NATIONAL SAILING PROGRAMS

• What did we learn

WAVES OF CHANGE • OCEANS OF OPPO

- What can we do better
- What can we improve upon
- Feedback from parents
- Feedback from students
- Final presentation to the board

# Summary Points/Takeaways

- Try to remember that we are all in it for the kids
- Be flexible, organizations have different rules and regulations so a little give here and there can go a long way to a great relationship
- Good communication is key, when issues would come up make them known, lack of communication was always recognized while too much was never seen as a negative
- Each organization is different so get to know each others' bylaws and learn about the culture.
- Don't be afraid to try new things
- Sailing should be a fun learning experience



# Questions?



#### **Your Opinion Matters**

Please open the NSPS app and complete the session survey found in the menu bar.

Thank you for attending this session!

